



What you should know:

1. Sustainable living is an economically viable approach to your daily activities that keeps environmental preservation in mind.
2. The recent UN Geo4 report found that the present human lifestyle won't last long—wildlife, air quality and fresh water supplies are declining.
3. Because of climate change, we've experienced intense/longer droughts and water shortages and the warmest weather on record.

What you can do:

1. **Watch what you eat:** Try to choose foods that are local, organic or fair trade & use reusable dishware instead of disposable goods.
2. **Cut down on waste:** E-cycle your old electronics and computers; donate old cell phones to women's shelters; mend your clothes and choose products made from recycled materials.
3. **Save your Gas:** Walk, ride your bike, take public transport or carpool when possible.

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